



Education for people with MS

If you are someone living with multiple sclerosis (MS), this website is for you. Knowing the key questions to ask your MS team and the decisions you need to make will empower you to manage your MS.

Professor Gavin Giovannoni, MS Neurologist, London.

"I have confidence that the information is accurate and current"

Person newly diagnosed with MS

"Clear, relevant scientific explanations"

"Helpful glossary, search function and clear list of abbreviations"

"I would 100% wish to revisit MS-Selfie"

Shift.ms member

