

MS Together

ms
TOGETHER

Our charity provides services of advice and support to people affected by multiple sclerosis (MS), with a particular focus on those aged **18-35** who are living with MS in the UK and Ireland.

We want to make sure that no one with MS feels alone in their journey. Because **together, we are stronger.**

"I no longer feel alone with my MS thanks to MS Together."

"It's not an exaggeration to say I think MS Together saved my life."



Our services:

- Online support groups
- Regional group support
- In-person and virtual social events
- Educational webinars
- Mental Health First Aid service
- Counselling services

Charity number: **1200565**

We currently support thousands of people affected by and living with MS, So please know, we're here to support you whenever you feel ready.

For more information

Visit our website: www.mstogether.org

Email us: hello@mstogether.org

Social media: [@mstogetherofficial](https://www.instagram.com/mstogetherofficial)

Scan to find out more about the work we do:

