

ECTRIMS Focused Workshop 2026

18 - 19 March 2026 | Edinburgh, Scotland

Reproductive Health in MS, NMOSD, and MOGAD: Supporting Women Through Family Planning, Pregnancy, and Breastfeeding

WEDNESDAY, 18 March 2026

- 08.30** **Welcome and Introduction**
Kerstin Hellwig (Bochum, GER)
Sandra Vukusic (Lyon, FR)
Olga Ciccarelli (London, UK)
- 08.45 - 10.30** **Session 1: Family planning, DMTs, maternal and fetal aspects
in MS**
Chairs: *Olga Ciccarelli (London, UK), Frauke Zipp (Mainz, GER)*
- 08.45 Natural history of MS in pregnancy and post-partum –
historical and contemporary cohorts
Mar Tintoré (Barcelona, SP)
- 09.00 Fertility (including evolution of parity, cryopreservation) and
Assisted Reproductive Techniques
Melinda Magyari (Copenhagen, DK)
- 09.15 Platform therapies (IFN, GA, TRF, fumarates)
Katharina Fink (Stockholm, SE)
- 09.30 Anti-trafficking therapies (S1P modulators, NZ)
Doriana Landi (Rome, IT)
- 09.45 Anti-CD20s (OCR, OFA, RTX, UBX) including data when to restart
Annette Langer – Gould (Los Angeles, USA)
- 10.00 Induction therapies (CLD, ALZ)
Sandra Thiel (Bochum, GER)

- 10.15 Therapeutic strategies in women with MS (including MRI monitoring) in 2026
Sandra Vukusic (Lyon, FR)
- 10.30 - 11.00 Round Table Discussion**
- 11.00 - 11.30 Coffee Break**
- 11.30 - 12.30 Session 2: Family planning, DMTs, maternal and fetal aspects in NMOSD and MOGAD**
Chairs: Cristina Granziera (Basel, CH),
Barbara Willekens (Antwerp, BE)
- 11.30 Natural history of NMOSD and MOGAD in pregnancy and post-partum – historical and contemporary cohorts
Maria-Isabel Leite (Oxford, UK)
- 11.45 NMOSD / MOGAD therapies – orals
Jacqueline Palace (Oxford, UK)
- 12.00 NMOSD / MOGAD therapies – mabs
Shimizu Yuko (Tokyo, JP)
- 12.15 Therapeutic strategies for pregnancy in NMOSD / MOGAD in 2026
Tania Kümpfel (Munich, GER)
- 12.30 - 13.00 Round Table Discussion**
- 13.00 - 14.00 Lunch Break**
- 14.00 - 16.45 Session 3 (Part 1): Pregnancy and fetal outcomes, breastfeeding and post-partum**
Chairs: Gabriel Bsteh (Vienna, AT),
Celia Ojera-Guevara (Madrid, SP)
- 14.00 Impact of MS on pregnancy and fetal outcomes
Elisabeth Maillart (Paris, FR)
- 14.15 Impact of NMOSD / MOGAD on pregnancy and fetal outcomes
Marina Herwerth (Zurich, CH)
- 14.30 Safety aspects of relapse treatment and MRI use during pregnancy and post-partum (MS, NMOSD and MOGAD)
Maria Houtchens (Boston, USA)

- 14.45 Risk factors for post-partum relapses (including breastfeeding and loco-regional analgesia)
Kristen Krysko (Toronto, CA)
- 15.00 Breastfeeding and DMTs in MS
Riley Bove (San Francisco, USA)
- 15.15 Breastfeeding and DMTs in NMOSD and MOGAD
Dalia Rotstein (Toronto, CA)
- 15.30 Mood disorders, symptomatic management, vaccines during pregnancy and post-partum
Ruth Dobson (London, UK)
- 15.45 - 16.15 Coffee Break**
- 16.15 - 16.45 Session 3 (Part 2): Pregnancy and fetal outcomes, breastfeeding and post-partum**
Chairs: Jaume Sastre - Garriga (Barcelona, SP),
Matilde Inglese (Genoa, IT)
- 16.15 Strategies in the post-partum in MS in 2026
Kerstin Hellwig (Bochum, GER)
- 16.30 Strategies in the post-partum in NMOSD / MOGAD in 2026
Romain Marignier (Lyon, FR)
- 16.45 - 17.30 Round Table Discussion**
- 17.30 - 19.00 Remote voting recommendations**
- 19.00 Focused Workshop Dinner

THURSDAY, 19 March 2026

- 08.30 - 09.15** **Session 4: Challenges**
Chairs: Bruno Stankoff (Paris, FR), Aksel Siva (Istanbul, TR)
- 08.30 Challenges in other parts of the world
(5 minutes each)
Africa - Nevin Shalaby (Cairo, EG)
Asia - Sasitorn Siritho (Bangkok, TH)
South America - Elisa Melo (Sao Paulo, BR)
- 08.45 Challenges in more disabled women
Bassem Yamout (Abu Dhabi, UE)
- 09.00 Other challenges of women's health during the reproductive age
Anneke van der Walt (Melbourne, AU)
- 09.15 - 12.30** **ECTRIMS Focused Workshop 2026 - Recommendations on
Family planning in MS and related disorders**
Chairs: Kerstin Hellwig (Bochum, GER), Sandra Vukusic (Lyon, FR),
Olga Ciccarelli (London, UK)
- Presentation of voting results & Discussion on recommendations
 with insufficient consensus
- 10.30 - 11.00** **Coffee Break**
- Discussion on recommendations with insufficient consensus
 Missing data, future perspectives & Dissemination plan
- 12.30** **Farewell**
Lunch and individual departure