# Update on diagnosis and treatment of NMOSD and MOGAD

## WEDNESDAY, 21 JANUARY 2026

**08.45**      **Welcome & Introduction**
*Bruno Stankoff (Paris, FR), Matilde Inglese (Genoa, IT), Jacqueline Palace (Oxford, UK)*

**09.00 - 11.00**      **Session 1: Clinical and MRI features of NMOSD and MOGAD**
Chairs: Mar Tintoré (Barcelona, ES), Olga Ciccarelli (London, UK)

09.00      NMOSD: Epidemiology, clinical and MRI features
*Matilde Inglese (Genoa, IT)*

09.30      MOGAD: Epidemiology, clinical and MRI features
*Álvaro Cobo-Calvo (Barcelona, ES)*

10.00      Specific features in paediatric onset NMOSD and MOGAD
*Yael Hacohen (London, UK)*

10.30      Late onset NMOSD and MOGAD (including comorbidities)
*Georgina Arrambide (Barcelona, ES)*

**11.00 - 11.30**      **Coffee Break**

**11.30 - 13.00**      **Session 2: Pathology and etiopathogenesis**
Chairs: Friedemann Paul (Berlin, DE), Bruno Stankoff (Paris, FR)

11.30      The pathology of NMOSD and MOGAD
*Romana Höftberger (Vienna, AT)*

12.00      Etiopathogenesis / Immunology of NMOSD and MOGAD
*Frauke Zipp (Mainz, DE)*

12.30      Antibody assays
*Sara Mariotto (Verona, IT)*

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| **13.00 - 14.00** | **Lunch Break** |

**14.00 - 17.00**  **Session 3: Diagnosis and use of other paraclinical testing**
Chairs: Thaís Armangué (Barcelona, ES)
Matilde Inglese (Genoa, IT)

**14.00 - 15.00**  **Lecture: Diagnostic criteria of NMOSD, MOGAD and seronegative**
*Jacqueline Palace (Oxford, UK)*,
*Thaís Armangué (Barcelona, ES)*

**15.00 - 15.30**  **Coffee Break**

**15.30 - 17.00**  **Session 3 continuing: Diagnosis and use of other paraclinical testing**
Chairs: Thaís Armangué (Barcelona, ES),
Matilde Inglese (Genoa, IT)

15.30  Conventional MRI
*Rosa Cortese (Siena, IT)*

16.00  OCT and VEP
*Gabriel Bsteh (Vienna, AT)*

16.30  Body fluid biomarkers
*Sara Mariotto (Verona, IT)*

**17.00**  **End of Day 1**

**19.00**  **Dinner at the hotel**

# THURSDAY, 22 JANUARY 2026

**09.00 - 11.00**　　**Session 4: Treatment, monitoring and evidence on predictive factors**
Chairs: Yael Hacohen (London, UK), Friedemann Paul (Berlin, DE)

09.00　　Acute management of NMOSD and MOGAD
*Ingo Kleiter (Bochum, DE)*

09.30　　Preventative immunotherapy in AQP4+ NMOSD
*Paulus Rommer (Vienna, AT)*

10.00　　Preventative immunotherapy in MOGAD
*Eoin Flanagan (Rochester, US)*

10.30　　Symptomatic treatment in NMOSD and MOGAD
*Ruth Geraldes (Oxford, UK)*

**11.00 - 11.30**　　**Coffee Break**

**11.30 - 13.00**　　**Session 5: Monitoring and predictive factors**
Chairs: María Sepúlveda (Barcelona, ES),
Cristina Granziera (Basel, CH)

11.30　　How to predict relapses and disability outcomes
in NMOSD and MOGAD
*Romain Marignier (Lyon, FR)*

12.00　　Tools for monitoring in clinical practice
(MRI, OCT, body fluid biomarkers)
*Friedemann Paul (Berlin, DE)*

12.30　　Impact of pregnancy and breastfeeding in management
*Sandra Vukusic (Lyon, FR)*

**13.00 - 14.00**　　**Lunch Break**

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| **14.00 - 17.30** | **Workshop 1 and 2** |
| | (two groups, participants will rotate workshops) |
| | **Workshop 1: How to diagnose NMOSD and MOGAD (Consider mimicks)** |
| | *Facilitators: Yael Hacohen (London, UK), Maciej Jurynczyk (Warsaw, PL)* |
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| | **Workshop 2: When to start and stop preventative immunotherapy** |
| | *Facilitators: Romain Marignier (Lyon, FR), Kumaran Deiva (Paris, FR)* |
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| **15.30 - 16.00** | **Coffee Break** |
| **16.00 - 17.30** | **Workshop 1 and 2** |
| | (two groups, participants will rotate workshops) |
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| **17.30** | **End of Day 2** |
| **18.30** | **Winter School Dinner at Gostilna na Gradu** |

# FRIDAY, 23 JANUARY 2026

**08.45 - 10.30**   **Working Groups A-C**

Participants will work in 3 groups and will prepare projects for clinical practice and / or research that include algorithm proposals to make the differential diagnosis of NMOSD and MOGAD, and about the role of paraclinical testing and other data as prognostic factors. Participants will receive feedback from senior investigators.

**Working Group A: Proposal of a project validating / improving the diagnostic criteria for NMOSD and/or MOGAD**
*Facilitators: Paulus Rommer (Vienna, AT),*
*Romain Marignier (Lyon, FR), Kumaran Deiva (Paris, FR)*

**Working Group B: MRI for differential diagnosis and prognosis**
*Facilitators: Rosa Cortese (Siena, IT),*
*Eoin Flanagan (Rochester, US), Yael Hacohen (London, UK)*

**Working Group C: Body fluid biomarkers in diagnosis and prognosis (include seronegative case)**
*Facilitators: Sara Mariotto (Verona, IT), Thaís Armangué (Barcelona, ES), Jacqueline Palace (Oxford, UK)*

**10.30 - 11.00**   **Coffee Break**

**11.00 - 12.00**   Participants' presentations of their acquired knowledge (one representative per group will present the proposals, 20 minutes per group)

**12.00 - 12.50**   **Discussion**

**12.50 - 13.00**   **Wrap-up & Adjournment**
*Matilde Inglese (Genoa, IT), Romain Marignier (Lyon, FR)*

**13.00**   **Lunch and individual departure**